

Plan your journey to the London Marathon



TRANSPORT for London (TfL) is encouraging runners, spectators, motorists and commuters to plan ahead if they are going to this weekend's London Marathon.

Comprehensive travel advice is available at tfl.gov.uk/marathon. To see the route details and choose the best place to watch the runners, go to www.virginlondonmarathon.com/interactive-map

Charing Cross, Embankment, Green Park, Westminster and St James's Park stations, as well as Embankment and Westminster piers, are all close to the finish line. Supporters can meet up with runners after the race in Horse Guards Road and on Horse Guards Parade.

Public transport services will run throughout the day, however some stations and roads will be closed.

Roads: There will be staggered closures of the route and approach roads from 6am. Roads will reopen in stages from midday, and are expected to completely reopen by 7pm.

Buses: Routes will be diverted or will not run their full length until later in the day.

Tube: There will be closures on the north end of the Metropolitan and Northern lines, and the west end of the Piccadilly line.

London Overground: Trains will run every 15 minutes on most of the network.

Docklands Light Railway: Trains will run every two-and-a-half minutes.

London River Services: There will be great views of the race from the river. Services will run as normal.

Barclays Cycle Hire: Docking stations in the area will be suspended from midnight to 8pm on Sunday.

■ For more information, go to tfl.gov.uk/marathon

Transport at a glance

Using Bank Tube station

FROM today, until later in the year, both escalators leading to the Northern line ticket hall will be out of service.

While the two escalators are being replaced, passengers are advised to use one of the four large lifts that run between the platforms and the ticket hall. Extra staff will be on

hand but there may be queues at busy times. To avoid these, follow signs for the District and Circle lines and exit the Underground via Monument station.

■ Find out more about work taking place as part of the Tube improvement plan at tfl.gov.uk

Celebrate St. George's Day



REVELLERS heading to Trafalgar Square on Saturday for the St. George's Day festivities are advised to check before travelling at tfl.gov.uk

At this year's free, family friendly event there will be many food stalls to sample from, as well as cookery demonstrations by well-known chefs including Andy Bates, Paul Merrett, Rachel Davies and chocolatier Paul A Young. There will also be live music, jesters and jugglers, and traditional games on offer. For younger children

a marquee will be set up with craft and storytelling activities to take part in, along with special drawing classes. Don't forget to look out for the five-metre-high dragon!

The nearest station to Trafalgar Square is Charing Cross (Bakerloo and Northern lines). Leicester Square (Piccadilly and Northern lines) and Piccadilly Circus (Bakerloo and Piccadilly lines) Tube stations are also nearby.

■ Plan your journey online at tfl.gov.uk

Charity bike donation

TWENTY-NINE unclaimed bikes have been donated to a West London charity by Transport for London (TfL) and the Metropolitan Police.

The bikes have been given to the Westside Community Foundation for their Cycle to Success Olympic legacy project.

The project works with schools in the area to encourage children to take

up cycling and make training available to those who would normally not be able to participate. It also helps set up cycling clubs at schools through training programmes with teachers, providing an alternative to more traditional sports such as football.

■ Find out more about cycling in London at tfl.gov.uk/cycling

London travel advice: plan your journey now



tfl.gov.uk



24 hour travel information
0843 222 1234*



tfl.gov.uk/socialmedia

London Travelwatch London's transport watchdog call 020 3176 2999, or visit www.londontravelwatch.org.uk

*You pay no more than 5p per minute if calling from a BT landline. There may be a connection charge. Charges from mobiles or other landline providers may vary.



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