

Take a walking tour of London for free



A host of free, guided walks will take place across the capital this weekend showcasing some of the best attractions, parks, rivers and open spaces the city has to offer.

FROM short strolls to challenging treks, all 40 'Autumn Ambles' will be led by experienced guides and take in London's famous landmarks as well as hidden gems.

Wonderful weekend walks

Saturday October 17

Tales from the Riverbank - Waterloo to London Bridge at 10.30am

This 1.5mile walk explores the important role the Thames has played in London's development. Amblers can enjoy some of the most historic and beautiful parts of the Thames shoreline as well as iconic bridges, world-famous theatres and other landmarks. Also on Sunday at 11am.

Hidden Alleyways and Courtyards - St Paul's to Chancery Lane at 11am

Take a journey into the capital's past, including a monastery, hidden alleyways and the history of the city's newspapers and journalism.

Secret Diaries and Public Spaces - The legacy of Pepys and Wren at 11.30am

On this tour, which follows the Jubilee Walkway, walkers can learn about the aftermath of the Great Fire of London in 1666 and see places described by Samuel Pepys in his famous diaries.

Mighty River and Royal Parks at 10am

A leafy and historic walk along the Thames path starting at Richmond,



ramblers will pass under Richmond Bridge and alongside Ham House. The 9.5mile walk takes in the whole of Bushey Park on the London Loop so you may spot a deer or two.

Sunday October 18

From Pirates to World Trade - The Transformation of the Thames at 1.30pm

This walk heads East from the Tower of London, along Jubilee Walkway to fashionable St Katherine's Dock then along the river towards Wapping. Participants will hear about world trade, pirates and the transformation of an area from slums to film stars' houses.

Gleaming Spires - Architecture and public art in the City of London at 3.30pm

An experienced guide will talk about art and architecture in the City of London and its ever changing skyline.

From Romans to Norman Foster - City Hall to St Paul's at 10.30am and 2.30pm

A 2.1mile route taking in the City of London Livery Companies, Wren churches, the Great Fire and the Blitz.

Seafaring London - Tower Bridge to Greenwich at 11.30am

This 6.5mile walk follows the Thames Path and explores seafaring London from the area's industrial past to how it has been transformed in recent years.

■ To get to the meeting points, plan your journey at tfl.gov.uk

All walks start and finish within easy reach of public transport and there's no need to book. To find out more, visit www.walklondon.org.uk



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Changes to Camden Town station: have your say

TUBE customers could see Camden Town station completely transformed over the coming years under plans published by TfL.

A wide range of improvements are proposed. They include a new second entrance and exit, three new escalators, step-free access from the street to trains, two new lifts and more space to change between trains.

Modernising and extending the station would support the local economy and community, and reduce walking time between the station and the popular Camden Lock area. The existing station entrance would remain in use and no changes would be made to nearby buildings, helping to sustain Camden's unique character.

Director for strategy at London Underground, Gareth Powell, said: 'We're keen to hear as many views on our plans as possible so that we deliver the improvements that people want to see.'

Subject to funding and permissions, work on the station could begin in 2019 and be completed by 2023.



■ The consultation will run until December 11, 2015. To have your say, visit tfl.gov.uk/camden-town-upgrade

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