

Grab your boots for an autumn amble

Londoners can join guided walks around the capital for free next month during TfL's Autumn Ambles weekend.

THE 37 walks, taking place on October 17 and 18, showcase some of the city's best attractions, parks, woodland, rivers and open spaces and range from short strolls to taxing trails.

Highlights include a walk from City Hall to Canary Wharf via Tower Bridge, an excursion around the backstreets and alleys of the West End, a tour through historic Bloomsbury and a leisurely promenade along the Regent's Canal.

There will also be a walk along part of the Capital Ring, including a ferry ride across the Thames where rambblers can explore the Royal Docks and Beckton Park before



reaching the Lower Lea Valley to see the largest remaining 18th century tidal mill at Three Mills.

■ All walks are led by experienced Walk London guides, start within easy reach of public transport and

there's no need to book. For details of all the walks, visit www.walklondon.org.uk

Traffic information for the capital

For a full list of traffic information, go to tfl.gov.uk/trafficnews

Finchley Road
September 14, 7am to November 1, 6pm

Lane restrictions between Froggnal Lane and Langland Garden for utility works.

Twickenham/Wembley/Queen Elizabeth Olympic Park Stadiums

Large crowds and heavy traffic expected around stadiums for the Rugby World Cup.

Tonight: QE Olympic Park, 6pm to 10.30pm. Westfield Avenue closed. France v Romania, kick-off 8pm.

Thursday: QE Olympic Park, 6pm to 10.30pm. Westfield Avenue closed. New Zealand v Namibia, kick-off 8pm.

Saturday: Twickenham, 5pm to midnight. A316 closed between Hospital Bridge Road and London Road. England v Wales, kick-off 8pm

Sunday: Wembley, 10.30am to 8.30pm. Engineers Way closed. Ireland v Romania, kick-off 4.45pm.

Bermondsey area
September 26, 6pm to September 27, noon

The Shine Night Walk marathon will take place from Southwark Park via Jamaica Road and Tower Bridge Road to Old Billingsgate, Lower Thames Street with walkers using bus lanes, traffic lanes and footpaths.

Purley Way
September 28, 8am to November 22, 6am

Daytime footpath works and overnight lane restrictions with temporary lights at the junction of Foxley Lane for traffic signal maintenance works.

A40 Newgate Street
Weekends, September 26 to November 8

Road closed between King Edward Street and Warwick Lane from 8am Saturdays to 6pm Sundays for crane operations. Warwick Lane and Ave Maria Lane closed southbound, for the duration of the closure. Diversions will be in place.



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Last weekend for Totally Thames

IT'S your last chance to enjoy the fun and activities on the river as London's Totally Thames festival draws to a spectacular close.

The month-long season of river-related events this September finishes with a flourish with art, music, family fun, talks, walks and boats.

Discover all about Your River this weekend at The Museum of London Docklands. There will be storytelling, music and crafts. Nearest stations: West India Quay DLR, Canary Wharf Tube or by boat to Canary Wharf Pier. Head down to Greenwich for ghost

tours and hear about the curse of the Cutty Sark, plus visit the craft market on Sunday with stalls and street food. Nearest station: Cutty Sark DLR or by boat to Greenwich Pier

While you're there, take a look down river - the mighty Thames Flood Barrier will be in operation. It's an unusual spectacle as it is closed just once a year!

■ Get to the Totally Thames events by boat and take advantage of the 2-for-1 offer on river travel. Visit www.totallythames.org for details and a list of what's on

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   tfl.gov.uk/socialmedia

London Travelwatch
London's transport watchdog
call 020 3176 2999, or visit www.londontravelwatch.org.uk

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