

Ready, set... plan ahead for the London Marathon

RUNNERS, spectators, motorists and passengers are being reminded to plan their journeys in advance of the Virgin Money London Marathon on Sunday April 26.

Hundreds of thousands of people are expected to line the route, which takes in a number of London's most famous landmarks, to cheer on the 35,000 runners taking part. By planning ahead, spectators can choose the best spot to watch the action.

To help keep the capital moving, all runners, race officials and on-duty St John Ambulance volunteers will be able to travel for free from early



morning until 6.30pm on the Tube, bus, London Overground, DLR and

tram by showing their race number, officials' course pass or tabard.

TfL Travel Ambassadors (easily spotted in their magenta uniforms) will also be on hand at Tube stations along the route, providing travel information

and helping customers.

London's Transport Commissioner Sir Peter Hendy CBE said: 'Each year Londoners show their support by lining the capital's streets to cheer on the tens of thousands of runners taking part. With people coming

from all over the world, raising money for causes close to their hearts, the encouragement they receive from spectators always makes a real difference. We've got TfL staff who will be taking part in the race and I want to wish them and all the other participants the very best of luck.

'Public transport will be the easiest way to get around on the day and I want to encourage anyone travelling around south east and central London to plan their journey in advance at tfl.gov.uk/marathon.'

■ Real-time travel information will be published on TfL's website and Twitter feeds throughout the day. A guide to help people plan their travel is available at tfl.gov.uk/marathon

Our road is now easier to cross

Jane, Cecil and their children, Bromley



As part of our Road Modernisation Plan we've introduced Pedestrian Countdown crossings across London so you know exactly how much time you have left to cross the road safely. This is just one of the ways we reinvest all our income to run and improve your services. Find out how our plan is making life better for Londoners at tfl.gov.uk/roads

Stations close to the route include:

- **Cutty Sark DLR** (miles six and seven)
- **Canada Water** (mile nine)
- **London Bridge** (mile 12)
- **Tower Hill and Tower Gateway** (mile 13)
- **Shadwell DLR** (miles 13 and 22)
- **Canary Wharf** (between miles 14 and 15)
- **Limehouse** (mile 14)
- **Crossharbour DLR** (mile 18)
- **Monument** (mile 23)
- **Mansion House** (miles 23 and 24)
- **Temple** (miles 23 and 24)
- **Charing Cross** (mile 24)
- **Embankment** (mile 25)
- **Green Park and St. James's Park** (finish line)

Getting to the marathon

The easiest way to travel to and from the race will be by Tube, bus, London Overground or DLR.

Passengers travelling on the DLR are advised to plan ahead as there will be changes to routes and frequencies on the day.

There will be a number of road closures in south east and central London and drivers should avoid affected areas and allow more time for their journey. Roads will start to reopen from around midday, with all roads expected to be fully reopened by 7pm.

Riverboat services will also be operating on the day with extra services between central London and Greenwich.

■ For more information and to plan your journey, visit tfl.gov.uk/marathon

London travel advice: plan your journey now

 tfl.gov.uk

 24 hour travel information
0343 222 1234*

   tfl.gov.uk/socialmedia

London Travelwatch
London's transport watchdog
call 020 3176 2999, or visit
www.londontravelwatch.org.uk

*Service and network charges apply.
See tfl.gov.uk/terms for details.

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