

A small switch could help reduce emissions



TRANSPORT for London (TfL) is reminding drivers to turn their engines off while stationary to improve the capital's air quality.

The 'No Engine Idling' campaign highlights the health benefits of reducing pollution levels to both prevent and alleviate illnesses, such as asthma and heart and lung conditions.

Leaving an engine running while parked, loading or waiting at the kerb, for example on the school run, can reduce air quality and raises levels of polluting particulate

matter (PM10), which is made up of tiny airborne particles generated principally by road transport. It also increases fuel consumption.

Modern ignition systems have eradicated the problem of wear from switching the engine on and off. Turning off an engine and restarting it after a minute or longer causes less pollution and uses less fuel than keeping it idling.

Leading health and transport organisations such as Asthma UK, the Confederation of Passenger Transport and the Freight Transport Association have voiced their support for the campaign.

TfL has already done a lot to reduce unnecessary engine idling. This includes introducing teams of taxi-marshals at 10 rail station ranks to speak to taxi drivers about engine idling, new 'no engine idling' signs in air quality priority areas and working with schools to share the message with parents.

Engine idling facts

- Research by TfL has shown that if all drivers in central London switched off their engines for one minute each day, instead of leaving them idling, it could reduce harmful PM10 emissions by around 90kg per year. This is the equivalent of driving a medium-sized diesel car around the world 62 times or to the moon and back three times – a distance of 2.5 million kilometres
- Dirty engines increase pollution and fuel consumption. Service your vehicle regularly to keep it in good condition
- Research commissioned by the Mayor's office has suggested that poor air quality contributes to the equivalent of around 4,300 premature deaths in London in a year, with many people, especially children and older people, having their quality of life adversely impacted by it

■ For tips on how to reduce vehicle idling, visit tfl.gov.uk/noengineidling

Transport at a glance

18+ photocard reminder



HAVE you got an 18+ Student Oyster photocard?

You can save £10 by confirming you're still eligible and still attend the same college or university.

To keep using your 18+ Student Oyster photocard for 2013/14:

- Re-enrol at your education establishment
- Log on to your 18+ web account at tfl.gov.uk/photocard
- Click on the reconfirmation link
- Confirm your details and

accept the 2013/14 terms and conditions

The confirmation will then go to your college or university for approval.

Do this by November 1 to make sure your 18+ Oyster photocard continues to work. If you don't confirm in time and still want the discount, you'll have to re-apply and pay £10.

■ For more details, visit tfl.gov.uk/tickets

Improved late night service

PEOPLE travelling between Croydon and Sutton will have an extended late night bus service from Saturday November 2.

Extra buses are being introduced on route 154 and will run at 1am, 1.30am and 2am every night of the week from West Croydon bus station to Sutton. There will

also be an improved service in the evenings and on Sundays with buses running every 15 minutes.

The changes follow a review by Transport for London into cost-effective ways of providing a late bus service. They will benefit passengers in around Croydon, Wallington, Carshalton and Sutton.



London travel advice: plan your journey now



tfl.gov.uk



24 hour travel information
0343 222 1234*



tfl.gov.uk/socialmedia

London Travelwatch

London's transport watchdog
call 020 3176 2999, or visit
www.londontravelwatch.org.uk

*Service and network charges apply.
See tfl.gov.uk/terms for details.



Newspapers left on the Tube can jam doors and cause delays to your journey.
Take your newspaper with you or put it in a recycling bin.