

Walk your way to fitness



IF you still haven't got your healthy resolutions off the ground, TfL has teamed up with Walk Unlimited to offer free guided walks this weekend to help you on your way.

You can enjoy the multitude of cityscapes, greenways and trails that form the capital's acclaimed Walk London network with expert guides on hand. The walks are suitable for everyone – from the experienced rambler to the occasional leisure walker.

Ben Plowden, TfL's director of surface strategy & planning, said: 'Whether it's for health reasons, leisure or convenience, walking is a great way to get around, and to explore and enjoy the city's wonderful landscape.'

Take advantage of our free led walks this weekend and invite family and friends too. You will be in the hands of knowledgeable experts who will be able to reveal lots of interesting facts about local areas to help you discover more about our great city.'

Sponsored guided walks are one of the many ways TfL is helping to make London an increasingly walk-friendly city. Further initiatives are in place to make it an easier and pleasurable city to explore on foot. These include improving walking routes, introducing new pedestrian wayfinding signs through the Legible London programme, plus an enhanced network of Greenways running through parks and quiet residential streets.

All Winter Wander walks start and finish either at, or within easy reach of, public transport facilities.

■ To find out more about what's on, visit www.walklondon.org.uk

Transport at a glance

Overground scores high



TfL's London Overground service has come out well ahead of the regional and national average for levels of passenger satisfaction in an autumn survey.

London Overground, which will take over selected rail services to Liverpool Street next year, was given an 89 per cent overall satisfaction rating by passengers in the survey conducted by independent rail watchdog, Passenger Focus. This compares

with 82 per cent for all operators in London and the South East and 83 per cent across the national network.

It was also the most punctual train operator during December, with 96 per cent of trains on time.

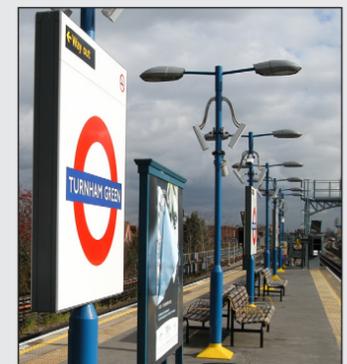
Mayor Boris Johnson said: 'London Overground is one of the most reliable and popular railways in the UK thanks to the huge investment we have made to give passengers what they want.'

Piccadilly line update

FOLLOWING a huge engagement programme to gather views on Piccadilly line services, it has been confirmed that trains will stop at Turnham Green once the upgrade of the line is complete. More than 14,000 responses were received from over 70 postcode areas.

It's currently not possible to stop more services at the station without increasing journey times across the rest of the line. This is owing to a limited number of available trains and outdated signalling, which prevents trains being run closer together. However, TfL now plans to stop Piccadilly line trains at Turnham Green all day once the line is modernised.

Customers using the station will benefit from the upgrade of the District line, which will see new, bigger, air-conditioned and walk-



through trains introduced to the line later this year. The full fleet will operate across the line by 2016 followed by new signalling to enable faster and more frequent services from 2018.

Although work has yet to begin on the Piccadilly line upgrade, planning for this major engineering project has already started.

London travel advice: plan your journey now

 tfl.gov.uk

 24 hour travel information
0343 222 1234*

   tfl.gov.uk/socialmedia

London Travelwatch
London's transport watchdog
call 020 3176 2999, or visit
www.londontravelwatch.org.uk

*Service and network charges apply.
See tfl.gov.uk/terms for details.

 Newspapers left on the Tube can jam doors and cause delays to your journey.
Take your newspaper with you or put it in a recycling bin.