

## Winners of children's book competition announced

TfL and book printer Clays have announced the winners of their children's competition. Entrants in three age categories were asked to draw a picture or write a story about women in transport. Winners Tess Kearney, now aged 8, Ibraheem Saleemi, now aged 9, and Isra Sulevani, now aged 14, have had their stories and images turned into a limited edition book, 'Keeping London Moving'. There were 600 entries from children across London, depicting women in roles ranging from app designers to civil engineers. The winning entries were chosen by a panel including Waterstones' Children's Laureate, Lauren Child MBE; How to Train your Dragon author Cressida Cowell; and Fantastically Great Women who Changed the World writer, Kate Pankhurst.



**Winners:** Tess Kearney and Isra Sulevani (top); Ibraheem Saleemi (bottom)

With our smallest fare of £1.50 you can travel off-peak between Zones 2 and 6.

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# Taking it outside

## CHANGING LIVES WITH HEALTHY STREETS

NEW research by TfL shows that 35 per cent of people in London had either not stepped out of their home the previous day, or had made every journey by car.

The findings suggest many people are missing out on opportunities to walk or cycle, and the associated benefits to health and wellbeing.

Almost all these people are able to do the 20 minutes of walking or cycling a day that they need to stay healthy. New analysis also shows there is little or no difference in gender, income, age or ethnicity between those people who walk and those who don't.

TfL is launching a new annual survey of 1,500 streets across the capital, selected at random, to understand how London's streets can be improved.

The mystery shopper surveys will enable TfL and the boroughs to understand where they should prioritise investment and activities to reduce inequality.



**Stepping up:** Healthy Streets will encourage more Londoners to walk

The streets will be assessed against ten Healthy Streets indicators, which include determining how much traffic there is, noise levels, cleanliness, quality of planting, how much time there is to cross the road and whether people are driving aggressively.

The analysis will provide the important information needed to make the difference to those not currently walking or cycling at all.

TfL's investment in the Healthy Streets Approach helps address the places with the worst air quality, greatest road danger and most potential for more walking, cycling and public transport use.

The improvements have benefits for health, wellbeing, community and local business.

TfL research has found that people walking, cycling and using public transport spend the most in local shops; 40 per cent more each month than car drivers.

Lucy Saunders, public health expert at TfL, said: 'We are taking the Healthy Streets Approach to change the whole city so that everyone can live active lives in a healthy environment.'

'It's vital that London's streets are transformed to tackle the inactivity crisis by enabling everyone to walk, cycle and use public transport.'

## Traffic information for the capital

FOR A FULL LIST OF TRAFFIC INFORMATION, GO TO [TFL.GOV.UK/TRAFFICNEWS](http://TFL.GOV.UK/TRAFFICNEWS)

### Central London area Saturday, 11am until 4pm

There will be a march from Euston Road to Downing Street, via Upper Woburn Place, Southampton Row, Aldwych, Strand, Trafalgar Square and Whitehall.

### Twickenham Stadium Saturday, midday until 7pm

Kick-off for the England vs South Africa rugby match is at 3pm. There will be road closures and diversions in the area.

### Across London Thursday, 8.30pm until Monday 10pm

There will be road closures for fireworks displays at:

Alexandra Palace from Thursday evening until Sunday morning; Blackheath, Brockwell Park and Battersea Park on Saturday; Victoria Park on Sunday; and Southwark Park on Monday.

### Westminster area Sunday, 9am until 5pm

A procession will form at Marble Arch from 9am, leaving at about 1pm to travel along Park Lane southbound, right into Curzon Gate, then back along Park Lane northbound.

### Wembley Stadium Tuesday, 5pm until midnight

The Champions League match between Tottenham and PSV Eindhoven will kick off at 8pm. Expect large pedestrian numbers and high levels of traffic in the area around the stadium.

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