

# Win tickets to the ArcelorMittal Orbit

ENTER our prize draw for a chance to win tickets to the ArcelorMittal Orbit, at Queen Elizabeth Olympic Park, Stratford. The lucky winners will be able to see for up to 20 miles, enjoying spectacular 360-degree views from the viewing platform and outside walkway. Visitors aged eight and above can also take an exhilarating ride on the world's longest, tallest tunnel slide, which weaves around the sculpture an impressive 12 times.



For a chance to win one of five pairs of tickets, answer the following question:

**When was the last London Olympics?**

- A. 2010
- B. 2012
- C. 2014

Send your answer and your name to metrocompetitions@tfl.gov.uk with the subject 'ArcelorMittal Orbit'.

Entries must be received by 11.59pm tonight. Winners will be chosen at random. For terms and conditions, see [tfl.gov.uk/terms](http://tfl.gov.uk/terms)

Restrictions apply. For more information and to book tickets, visit [arcelormittalorbit.com](http://arcelormittalorbit.com)

# Positive steps

## HELPING LONDONERS INTO EMPLOYMENT

PEOPLE with mild to moderate learning disabilities and those on the autism spectrum have the chance to apply to the latest Steps into Work programme with TfL, as a route into employment.

The scheme, which is organised in partnership with disability employment specialist Remploy and Barnet and Southgate College, allows people to learn new skills and gain an insight into the workplace.

It is a 12-month programme that involves a combination of vocational studies and work placements, in everything from customer service to IT support.

The curriculum is designed to deliver the knowledge and skills needed in mainstream employment. Students will also work towards gaining a BTEC Level 1 Work Skills qualification, as well as building a portfolio of their learning.

While the programme cannot guarantee participants a paid job at the end of the course, many former students are now working in a range of full and part-time roles at a number of organisations.



**Walk this way:** Steps into Work combines study with work experience

### TAKE THE FIRST STEP

There are 24 places available for the latest Steps into Work programme, which runs from January to December 2019.

The course is open to anybody aged 16 and above who has mild to moderate learning disabilities or is on the autism spectrum.

To apply, complete an expression of interest form and submit it by 5pm on Friday October 5 2018.

Applicants will be invited to take part in an assessment day at Barnet and Southgate College, where job coaches will be on hand to offer help and advice.

To request an expression of interest form or to find out more about the programme, email [stepsintowork@tfl.gov.uk](mailto:stepsintowork@tfl.gov.uk) or call 0203 0542718.

More information can be found at [tfl.gov.uk/corporate/careers](http://tfl.gov.uk/corporate/careers)

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## Traffic information for the capital

FOR A FULL LIST OF TRAFFIC INFORMATION, GO TO [TFL.GOV.UK/TRAFFICNEWS](http://TFL.GOV.UK/TRAFFICNEWS)

### Charing Cross Road Until October 8, 5am

There are temporary traffic lights at the junction of Goslett Yard, for roadworks.

### Ludgate Hill Friday, 8pm until Monday, 5am

The road will close between Ludgate Circus and New Change, for filming. From 11pm on Saturday to 5am on Sunday, there will be short traffic holds on all approaches to Ludgate Circus.

### Wembley Stadium Saturday, 9.30am until 4.30pm

Kick off for the Premier League football match between Spurs and Liverpool is at 12.30pm. High

levels of traffic and pedestrians are expected, with the A406, A1, A40, Harrow Road, Wembley High Road and roads around the stadium likely to be affected.

### Westminster area Saturday, 2pm until 4pm

A group will march in a loop from Temple Place via Victoria Embankment, Northumberland Avenue, Whitehall, Parliament Street, Bridge Street, heading via Victoria Embankment back to Temple Place. Expect short traffic holds.

### Clapham area Sunday, 7am until 12.15pm

There will be closures for the Do it for Charity London to Brighton cycle ride. Wandsworth Road will be shut between 7.30am and 11.30am and various local roads will be affected between Nine Elms, Vauxhall Gyratory, Clapham Road and Cedars Road.

For more articles and to keep up to date with TfL announcements, visit [tfl.gov.uk/news](http://tfl.gov.uk/news)

## London travel advice: plan your journey now

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**London Travelwatch**  
London's transport watchdog  
call 020 3176 2999, or visit  
[www.londontravelwatch.org.uk](http://www.londontravelwatch.org.uk)

\*Service and network charges apply. See [tfl.gov.uk/terms](http://tfl.gov.uk/terms) for details.

 Newspapers left on the Tube can jam doors and cause delays to your journey. Take your newspaper with you or put it in a recycling bin.

The views expressed are those of TfL only and are not those of Metro.